**1. Инстаграм** [**https://www.instagram.com/centrsporta.nevskiy/**](https://www.instagram.com/centrsporta.nevskiy/)

**2. Вконтакте** [**https://vk.com/centrsporta.nevskiy**](https://vk.com/centrsporta.nevskiy)

**3. Официальный сайт** [**https://centrsporta-nevskiy.ru/дистанционноe-обучение/**](https://centrsporta-nevskiy.ru/%C3%90%C2%B4%C3%90%C2%B8%C3%91%C2%81%C3%91%C2%82%C3%90%C2%B0%C3%90%C2%BD%C3%91%C2%86%C3%90%C2%B8%C3%90%C2%BE%C3%90%C2%BD%C3%90%C2%BD%C3%90%C2%BEe-%C3%90%C2%BE%C3%90%C2%B1%C3%91%C2%83%C3%91%C2%87%C3%90%C2%B5%C3%90%C2%BD%C3%90%C2%B8%C3%90%C2%B5/)

**4. расписание онлайн-занятий** [**https://docs.googl.com/spreadsheets/d/LeTzL65wVn8PRjKE2ofucfdUFzcHoiZLZwILZwIOkOw7rf8/edi#gid=0**](https://docs.googl.com/spreadsheets/d/LeTzL65wVn8PRjKE2ofucfdUFzcHoiZLZwILZwIOkOw7rf8/edi#gid=0)